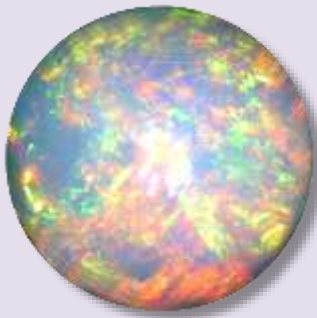


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Location Codes C - Cottage C1- Cottage 1 Garden C2- Cottage 2 Sage C3- Cottage 3 Lake C4- Cottage 4 Bay C5- Cottage 5 Ocean CR- Community Room BR- Bus Ride</p>	<p>October's birthstone has special significance to us because it is the Opal. A symbol of faithfulness and confidence, this gemstone speaks to who we are as a community. Our goal is to inspire confidence: in our residents' abilities and individual efforts. For our families, our goal is for you to believe and have faith in our team and abilities, and that together with you, we provide outstanding care for your loved ones.</p>			<p>1</p> <p>9:30 Parachute (C1/2) 10:00 Hangman (C1/2) 10:30 Music and Motion (C4) 1:30 Music and Memory (C5) 1:30 Poetry Writing (C1/2) 3:00 Parachute (C4) 3:30 Short Stories (C1/2) 4:00 Aromatherapy (C5)</p>	<p>2</p> <p>9:30 Music and Memory (C4) 9:30 Sit and be Fit (1/2) 10:30 Fun Trivia (C1/2) 10:30 Ribbon Dancing (C5) 1:30 Sweet Bingo (C1/2) 1:30 Parachute (C5) 3:00 Movie and Popcorn (C1/2/4/5)</p>	<p>3</p> <p>9:30 Morning Exercise (C1/2) 10:00 Brain Games (C1/2) 10:30 Sing Along (C5) 1:30 Tranquil Coloring and Music (C4) 2:30 Music and Motion (C1/2) 4:00 Short Stories (C5)</p>
<p>4</p> <p>9:30 Music and Motion (C1/2) 10:00 Brain Game (C1/2) 11:00 Matching Game (C5) 1:30 Toss Across (C4) 2:30 Noodles and Music (C5) 3:30 Sweet Bingo (C1/2)</p>	<p>5</p> <p>9:30 Music and Memory (C4) 9:30 Morning Exercise (C1/2) 10:30 Hangman (C1/2) 11:00 Balloon Volleyball (C5) 1:30 Sweet Bingo (C1/2) 1:30 Sing Along (C4) 3:00 Parachute (C5) 3:30 Cornhole (C1/2)</p>	<p>6</p> <p>9:30 Noodle Exercise (C1/2/4) 10:00 Trivia (C1/2) 10:30 Music and Memory (C5) 1:30 Baking with Love (C1/2/4) 1:30 Toss Across (1/4) 3:00 Indoor Bocce Ball (C1/2) 3:00 Multi-Sensory Therapy (C5) 3:30 Pictionary (C1/2)</p>	<p>7</p> <p>9:30 Wii Fun (C1/2) 10:00 Fun Trivia (C1/2) 10:30 Scarf Fitness (C5) 11:00 Ribbon Dancing (C4) 1:30 Baking with Love (C5) 1:30 Table Games (1/2) 3:00 Multi-Sensory Therapy (C4/5) 3:30 Garden Stroll (C1/2)</p>	<p>8</p> <p>9:30 Morning Exercise (C1/2) 10:00 Hangman (C1/2) 10:30 Music and Motion (C4) 1:30 Poetry Writing (C1/2) 1:30 Music and Memory (C5) 3:00 Parachute (5) 3:30 Short Stories (C1/2) 4:00 Aromatherapy (C4)</p>	<p>9</p> <p>9:30 Sit and be Fit (1/2) 9:30 Music and Memory (C4) 10:30 Ribbon Dancing (C5) 10:30 Fun Trivia (C1/2) 1:30 Parachute (C5) 1:30 Sweet Bingo (C1/2) 3:00 Movie and Popcorn (C1/2/4/5)</p>	<p>10</p> <p>9:30 Morning Exercise (C1/2) 10:00 Brain Games (C1/2) 10:30 Sing Along (C5) 1:30 Tranquil Coloring and Music (C4) 2:30 Music and Motion (C1/2) 4:00 Short Stories (C5)</p>
<p>11</p> <p>9:30 Music and Motion (C1/2) 10:00 Brain Game (C1/2) 11:00 Matching Game (C5) 1:30 Toss Across (C4) 2:30 Noodles and Music (C5) 3:30 Sweet Bingo (C1/2)</p>	<p>Columbus Day 12</p> <p>9:30 Morning Exercise (C1/2) 9:30 Music and Memory (C4) 10:30 Hangman (C1/2) 11:00 Balloon Volleyball (C5) 1:30 Sing Along (C4) 1:30 Sweet Bingo (C1/2) 3:00 Parachute (C5) 3:30 Cornhole (C1/2)</p>	<p>13</p> <p>9:30 Noodle Exercise (C1/2/4) 10:00 Trivia (C1/2) 10:30 Music and Memory (C5) 1:30 Toss Across (1/4) 1:30 Baking with Love (C1/2/4) 3:00 Multi-Sensory Therapy (C5) 3:00 Indoor Bocce Ball (C1/2) 3:30 Pictionary (C1/2)</p>	<p>14</p> <p>9:30 Wii Fun (C1/2) 10:00 Fun Trivia (C1/2) 10:30 Scarf Fitness (C5) 11:00 Ribbon Dancing (C4) 1:30 Table Games (1/2) 1:30 Baking with Love (C5) 3:00 Multi-Sensory Therapy (C4/5) 3:30 Garden Stroll (C1/2)</p>	<p>15</p> <p>9:30 Morning Exercise (C1/2) 10:00 Hangman (C1/2) 10:30 Music and Motion (C4) 1:30 Music and Memory (C5) 1:30 Poetry Writing (C1/2) 3:00 Parachute (5) 3:30 Short Stories (C1/2) 4:00 Aromatherapy (C4)</p>	<p>16</p> <p>9:30 Music and Memory (C4) 9:30 Sit and be Fit (1/2) 10:30 Fun Trivia (C1/2) 10:30 Ribbon Dancing (C5) 1:30 Sweet Bingo (C1/2) 1:30 Parachute (C5) 3:00 Movie and Popcorn (C1/2/4/5)</p>	<p>17</p> <p>9:30 Morning Exercise (C1/2) 10:00 Brain Games (C1/2) 10:30 Sing Along (C5) 1:30 Tranquil Coloring and Music (C4) 2:30 Music and Motion (C1/2) 4:00 Short Stories (C5)</p>
<p>18</p> <p>9:30 Music and Motion (C1/2) 10:00 Brain Game (C1/2) 11:00 Matching Game (C5) 1:30 Toss Across (C4) 2:30 Noodles and Music (C5) 3:30 Sweet Bingo (C1/2)</p>	<p>19</p> <p>9:30 Music and Memory (C4) 9:30 Morning Exercise (C1/2) 10:30 Hangman (C1/2) 11:00 Balloon Volleyball (C5) 1:30 Sweet Bingo (C1/2) 1:30 Sing Along (C4) 3:00 Parachute (C5) 3:30 Cornhole (C1/2)</p>	<p>20</p> <p>9:30 Noodle Exercise (C1/2/4) 10:00 Trivia (C1/2) 10:30 Music and Memory (C5) 1:30 Toss Across (1/4) 1:30 Baking with Love (C1/2/4) 3:00 Indoor Bocce Ball (C1/2) 3:00 Multi-Sensory Therapy (C3/5) 3:30 Pictionary (C1/2)</p>	<p>21</p> <p>9:30 Wii Fun (C1/2) 10:00 Fun Trivia (C1/2) 10:30 Scarf Fitness (C5) 11:00 Ribbon Dancing (C4) 1:30 Baking with Love (C5) 1:30 Table Games (1/2) 3:00 Multi-Sensory Therapy (C4/5) 3:30 Garden Stroll (C1/2)</p>	<p>22</p> <p>9:30 Morning Exercise (C1/2) 10:00 Hangman (C1/2) 10:30 Music and Motion (C4) 1:30 Poetry Writing (C1/2) 1:30 Music and Memory (C5) 3:00 Parachute (5) 3:30 Short Stories (C1/2) 4:00 Aromatherapy (C4)</p>	<p>23</p> <p>9:30 Sit and be Fit (1/2) 9:30 Music and Memory (C4) 10:30 Ribbon Dancing (C5) 10:30 Fun Trivia (C1/2) 1:30 Parachute (C5) 1:30 Sweet Bingo (C1/2) 3:00 Movie and Popcorn (C1/2/4/5)</p>	<p>24</p> <p>9:30 Morning Exercise (C1/2) 10:00 Brain Games (C1/2) 10:30 Sing Along (C5) 1:30 Tranquil Coloring and Music (C4) 2:30 Music and Motion (C1/2) 4:00 Toss Across (C5)</p>
<p>25</p> <p>9:30 Music and Motion (C1/2) 10:00 Brain Game (C1/2) 11:00 Matching Game (C5) 1:30 Toss Across (C4) 2:30 Noodles and Music (C5) 3:30 Sweet Bingo (C1/2)</p>	<p>26</p> <p>9:30 Morning Exercise (C1/2) 9:30 Music and Memory (C4) 10:30 Hangman (C1/2) 11:00 Balloon Volleyball (C5) 1:30 Sing Along (C4) 1:30 Sweet Bingo (C1/2) 3:00 Parachute (C5) 3:30 Cornhole (C1/2)</p>	<p>27</p> <p>9:30 Noodle Exercise (C1/2/4) 10:00 Trivia (C1/2) 10:30 Music and Memory (C5) 1:30 Toss Across (1/4) 1:30 Baking with Love (C1/2/4) 3:00 Multi-Sensory Therapy (C5) 3:00 Indoor Bocce Ball (C1/2) 3:30 Pictionary (C1/2)</p>	<p>28</p> <p>9:30 Wii Fun (C1/2) 10:00 Fun Trivia (C1/2) 10:30 Scarf Fitness (C5) 1:30 Table Games (1/2) 1:30 Baking with Love (C5) 3:00 Multi-Sensory Therapy (C4/5) 3:30 Garden Stroll (C1/2)</p>	<p>29</p> <p>9:30 Morning Exercise (C1/2) 10:00 Hangman (C1/2) 10:30 Music and Motion (C4) 1:30 Poetry Writing (C1/2) 1:30 Music and Memory (C5) 3:00 Parachute (5) 3:30 Short Stories (C1/2) 4:00 Aromatherapy (C4)</p>	<p>30</p> <p>9:30 Morning Exercise (C1/2) 10:00 Hangman (C1/2) 10:30 Music and Motion (C4) 1:30 Poetry Writing (C1/2) 1:30 Music and Memory (C5) 3:00 Parachute (5) 3:30 Short Stories (C1/2) 4:00 Aromatherapy (C4)</p>	<p>Halloween 31</p> <p>9:30 Morning Exercise (C1/2) 10:00 Hangman (C1/2) 10:30 Music and Motion (C4) 1:30 Poetry Writing (C1/2) 1:30 Music and Memory (C5) 3:00 Parachute (5) 3:30 Short Stories (C1/2) 4:00 Aromatherapy (C4)</p>